

How to “Stop the Indulgence of the Flesh”  
Marc Davis

What are we talking about?

Colossians 2:23

What is ineffective?

Why is it ineffective?

What is effective? Four principles from Paul.

1. **Seek Christ.**
2. **Engage your mind** to learn and receive what is true.
3. **Present yourself to Christ** in service to him.
4. Learn to **dance with the Spirit.**