



## Outline

### The Experience of Weariness

### Transforming Weariness to Wisdom

- Understand your experience
- Work within the reality of who you are
- Engage with God's provisions
- Adapt to your current status
- Pay attention & maintain prayer life

### Workshop – your turn to engage with your experience of weariness in ministry

# Transforming Weariness to Wisdom

## Workshop

*Transform Weariness into Wisdom*

### 1) Understand your experience

Identify the details of your timeline and some of the prevailing winds you have experienced. What has been most difficult over the years? What is most difficult now?

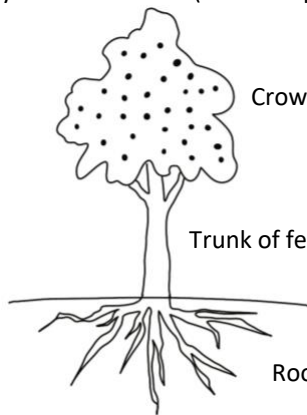


### 2) Work within the reality of who you are

What has been your response to weariness? Do you tend toward hypo- or hyper-arousal?

### 3) Engage with God's provisions - Psalm 1

Describe the way the Lord has sustained you inwardly (roots of faith), outwardly (trunk of fellowship), through your own actions (leaves of productivity and refreshment), and through ministry blessings (fruit).



Crown of action (productivity and refreshment): Ephesians 5:1–2, 8–10, Psalm 1:3

Trunk of fellowship: Ephesians 4:11–16

Roots of faith: Ephesians 3:16–19

### 4) Adapt to your current status

What needs to change? What aspects of the tree image above need more attention?

Are there any action points you should give yourself as you leave here?

### 5) Pay attention, maintain prayer life, and teach others to care for themselves

Consider what you'd like to share with your small group for them to pray about.

Given your experience and what you've learned, what would you encourage others in ministry to do?

**Rejoice in hope, be patient in tribulation, be constant in prayer. Romans 12:12**